



WELCOME!

To the latest newsletter from Barnsley Carers Service.

This quarter we'll be covering all the latest news, updates, groups and information that you need to help you in your caring role.

If there's anything you'd like to see in future editions - or you'd like to contribute an article - drop us a line or give us a call!



Latest News



The new Carer's Leave Act 2024 will come into effect this April.

If you care (unpaid) for a loved one or friend and work, you will be entitled to a statutory flexible one week of unpaid leave per year. This can be taken as either half or full days. The new entitlement will be available to all employees regardless of how long they have been working for a company.

[Read our blog post to find out more](#)



We're Barnsley Live's Charity of the Year!

We're delighted to have been chosen as Barnsley Live's Charity of the Year!

Barnsley Live is a one day indoor, multi-venue live music festival in Barnsley taking place on June 8th! Each year, the event features over 200 artists and raises thousands of pounds for local charities. A big thank you to Barnsley Live team for making us the main beneficiary of this year's event.

Food essentials packages support 100 carers!

Thanks to funding from Barnsley Council and The Department for Work and Pensions (DWP) we have been able to provide 100 unpaid carers with a food essentials package, which included a £50 food voucher and a healthy eating cooking book!



Latest News



Dementia Alliance Conference

The Dementia 3rd Alliance which we are involved with had a Conference to celebrate the fabulous partnership working and to show what the alliance have achieved within the last 3 years. This was held at the Metrodome on Wednesday the 20th of March, many services and professionals attended, alongside people caring for someone with Dementia. It was a great day and very informative, it was great to be part of this event.

Carers Roadshow 2024

As part of Carers Week 2024, Barnsley Healthcare Federation are hosting their second carers roadshow at the Priory Centre Lundwood, and we will be in attendance.

A staggering 82% of carers surveyed by Carers UK said the impact of caring on their physical and mental health would be a challenge over the coming year, with nearly 60% adding that being valued as a carer would improve their wellbeing.

The theme for Carers Week 2024 is 'Putting carers on the map' and the roadshow is a chance for those who provide care to loved ones to speak to health, care and voluntary services who can support them.

Carers Roadshow

Save the Date

Friday 7th June 2024

10am - 3pm

BHF Priory Centre, Pontefract Road,
Barnsley, S71 5PN



COMMUNITY SHOP ON THE GO

Community Shop on The Go and Good Food Partnership make sure that everyone has access to the food they need to lead healthy and happy lives. The mobile food provision sells healthy, fresh food at a fraction of the usual cost – a small bag of six items for £3 and large bag of 12 items for £5. Barnsley Carers are pleased to have been able to collaborate with them and have attended CSOTG events to provide information and advice to any Carers who attend. Look out for us at your local venue:

Community Shop On The Go | Facebook

Meet our Volunteers and Groups



Christine is our longest serving volunteer at Barnsley Carers Service and at our Volunteers Monthly Meeting she finally won the quiz with another one of our fantastic volunteers Brian. Christine won a chocolate handbag for her efforts. We have a great team of volunteers who meet once a month to catch up with each other, have a fun quiz and lunch.

If you would like to join our amazing team contact our Volunteer Co-ordinator on 07761 039006 or email adele.lacy@cloverleaf-advocacy.co.uk for further details.



Alison, who co-ordinates the Yarnies project has been working on our Easter project the last couple of months. A big thank you to one of our volunteers Karen for crocheting lots of Easter baskets for us and to Alison who co-ordinates the projects and has been teaching people to crochet over the past year. The Easter baskets were made for the children of parent carers who use the service, if you are a parent carer we still have a few little Easter baskets available!

Our Yarnies group runs on the first Wednesday of every month, 10:30-12:30 at Priory Campus. If you would like to learn a new skill, or just join in with our projects, come along and join us.



Our fantastic Yarnies group have worked hard to crochet hundreds of worry worms for MIND Barnsley/Rotherham. The group meets once a month to get together, learn beginners how to crochet and work on current projects. The Worry Worm Project was co-produced with MIND for their service users.

If anyone would like to join in our next project, they can email adele.lacy@cloverleaf-advocacy.co.uk. You don't have to attend the group to help with the projects, we can always pass patterns over for people to work on at home if they prefer. All of our new Yarnie members get a free starter back when they visit the group!

VOLUNTEER OPPORTUNITIES

be the change and help us make a difference to the lives of unpaid carers in Barnsley

contact

☎01226 288772 / 07761 039006



Volunteers also play an essential part in our service feedback forums and local authority consultations. If you would like to support unpaid carers in Barnsley, we have a number of different roles available.

Training is provided for all roles. And although experience is always helpful – it is not always essential. Whatever your background or experience, we can find a role that suits your time and interests. We are always on the lookout for new volunteers! If you'd like to find out more, we'd love to hear from you.

In the community



Our Information and Advice Worker, Tracey at Grimethorpe Surgery doing an outreach stand. Tracey will be across the borough at different GP practices, reaching out to all Carers and promoting the service we offer. If you see Tracey at one of the GP Practices, pop by and say hello!



**Barnsley
Carers
Service**

WHAT'S ON?

Drop-in Support

Every Monday 12am - 3pm
Barnsley Carers Service, Priory Centre

Benefits Advice

Every Monday 10:30am - 3pm
by appointment only – call to book

Carers Crops

Every 1st & 3rd Tuesday 10am - 12pm
Shaw Street allotments

Carers Crafts

Every 1st and 3rd Wednesday 10am – 12pm
Community Room, Tesco, Stairfoot

Yarnies

Every 1st Wednesday from 10.30 am - 12.30 pm
Barnsley Carers Service, Priory Centre

Coffee & Chat

Every 1st & 3rd Thursday 10.30 am - 12.30 pm
Barnsley Carers Service, Priory Centre

Every 2nd Monday 6 pm to 7.30 pm
Starbucks, Stairfoot

Parent Carer Coffee & Chat
Every 2nd & 4th Wednesday at 10am - 11.30am
Priory Centre Community Room

After Care Group

Every 2nd & 4th Tuesday 10am – 11.30am
Barnsley Carers Service, Priory Centre

Men's lunch club

Every 2nd and 4th Tuesday from 12 pm to 2 pm
MIND, 23 Queens Road, Barnsley

Wednesday Walkers

Every 2nd and 4th Wednesday meet at 10am
Call Avril on 07761 039009 for location

Craft, Knit and Create

Every 2nd and 4th Friday meet at 10am - 12pm
Salvation Army Goldthorpe

No need to book on any of our regular groups, just pop along!
Everyone is welcome.

Call us for more information or visit our website:
www.barnsleycarers.co.uk

You can find out what's going on each week by checking out our Facebook page and find out more about us.



Barnsley Carers Service

PARENT CARER COFFEE & CHAT

Are you a Parent Carer who looks after a child with additional support needs. If this is you, come along and join us for a cuppa and a chat. Location: Priory Centre S71 5PN

Every 2nd & 4th Wednesday
10am - 11.30am



Contact Andrea for info
07761040703/01226 288772
www.barnsleycarers.co.uk



Barnsley Carers Service

COACH TRIP TO CLEETHORPES

Wednesday 12th June

We are organising a coach trip to Cleethorpes. Come along and join us for a trip to the seaside with fish & chip dinner for carers and their cared for. Carer and Cared for can attend, £5 per person required upon booking.

Limited places, book early to avoid disappointment.



Leaving Priory Campus at 9.15am (boarding 9am)

Pickup Goldthorpe Highstreet at 9.30am

Leaving Cleethorpes at 4pm (boarding 3.45pm)

Address: Priory Campus, Pontefract Road, Lundwood, Barnsley, S71 5PN

Call us on 01226 288772 for more information or visit
www.barnsleycarers.co.uk



Have you visited our website yet?

It's jam-packed with useful information to help you in your caring role. From advice and guidance on benefits, health and wellbeing, training opportunities, news, events and groups, we've tried to cover everything in one place for you. There's also a helpful resources section featuring links and downloads covering many caring topics such as dementia, parents of SEND children and learning disabilities.

www.barnsleycarers.co.uk

Ways to contact us:



01226 288772



barnsleycarers@cloverleaf-advocacy.co.uk



www.barnsleycarers.co.uk



Barnsley Carers Service

Call 01226 288772

Am I a Carer?



A carer can be anyone, including children and adults, who looks after a loved one, family member, or friend who needs help because of illness, frailty, disability, a mental health problem or an addiction and could not cope without their support. The care they give is unpaid.

If you are a carer, we can help with...



Practical Help
Future planning
Carers ID card
Signposting to other services
Health and wellbeing
Information/Resources (downloads & links)



Support and Training
Groups and events
Training
Counselling
Digital tools
Barnsley Carers Forum
Information/Resources (downloads & links)

Who we have helped...



Bilal
Working Carer
"I have been wonderful to have the support and someone to talk to about my situation. My only regret is not finding you sooner!"

Janice
After Carer
"I am so grateful for the coffee and chat group. It's like a safety net or comfort blanket. I would not have gotten through it without your support."

Geeta
Parent Carer
"You have actually listened to the need that makes each a difference. Your response has given me the confidence to believe in myself again!"

Barnsley Carers Service is a service run and facilitated by Cloverleaf Advocacy. Cloverleaf Advocacy has been helping people to be heard since 1995. Cloverleaf Advocacy is a not for profit company limited by guarantee. Company no: 3790911. Charity Reg no 1097608.